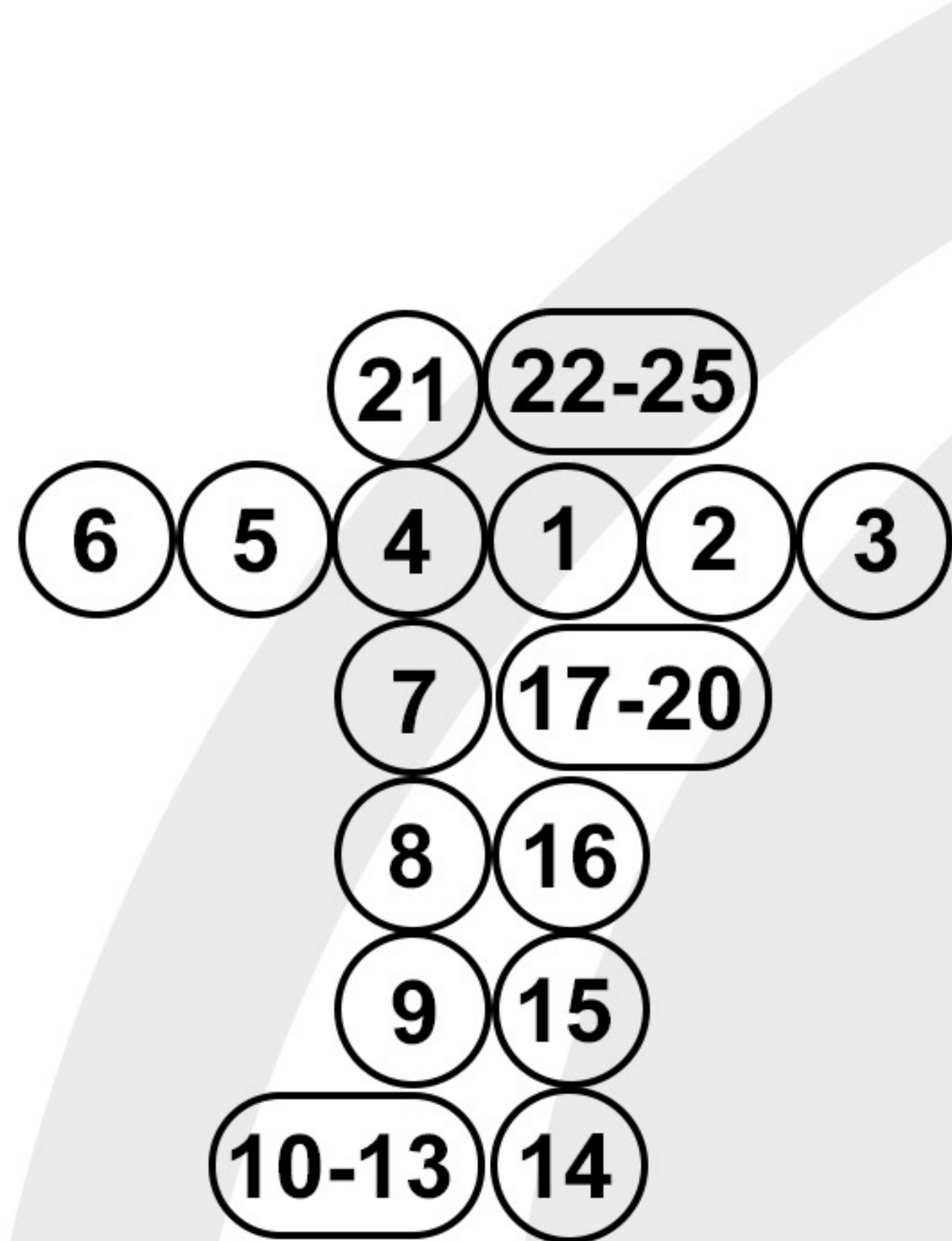
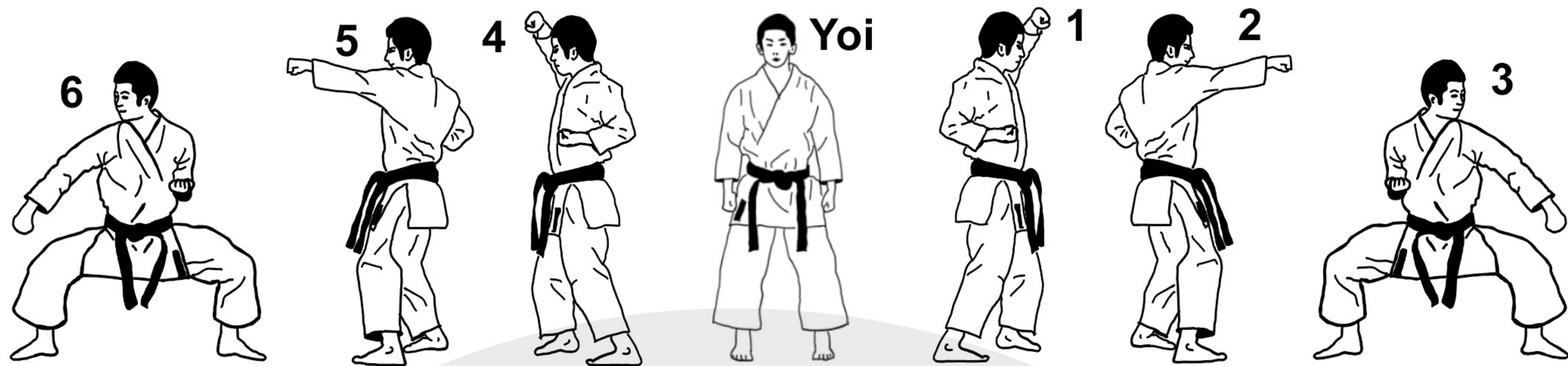


GEKISAI DAI ICHI



- | | |
|----------------------|-----------------------------|
| 1. Sanchin-Dachi | Age-Uke |
| 2. Sanchin-dachi | Jodan-Oi-Tsuki |
| 3. Shiko-Dachi | Harai-Otoshi-Uke |
| 4. Sanchin-Dachi | Age-Uke |
| 5. Sanchin-dachi | Jodan-Oi-Tsuki |
| 6. Shiko-Dachi | Harai-Otoshi-Uke |
| 7. Sanchin-Dachi | Yoko-Uke |
| 8. Sanchin-Dachi | Yoko-Uke |
| 9. Hinneri-Mae-Geri | Zenkutsu-Dachi |
| 10. Zenkutsu-Dachi | Mae-Hiji-Ate |
| 11. Zenkutsu-Dachi | Shomen-Uraken-Uchi |
| 12. Zenkutsu-Dachi | Gedan-Barrai |
| 13. Zenkutsu-Dachi | Gyaku-Tsuki (Kiai) |
| 14. Ashi-Barrai | Heiko-Dachi Yoko-Shuto-Uchi |
| 15. Sanchin-Dachi | Yoko-Uke |
| 16. Hinneri-Mae-Geri | Zenkutsu-Dachi |
| 17. Zenkutsu-Dachi | Mae-Hiji-Ate |



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|--------------------|-----------------------------|
| 18. Zenkutsu-Dachi | Shomen-Uraken-Uchi |
| 19. Zenkutsu-Dachi | Gedan-Barrai |
| 20. Zenkutsu-Dachi | Gyaku-Tsuki (Kiai) |
| 21. Ashi-Barrai | Heiko-Dachi Yoko-Shuto-Uchi |
| 22. Zenkutsu-Dachi | Awase-Tsuki |
| 23. Zenkutsu-Dachi | Awase-Tsuki |
| 24.- 25. Yame | |

